



Leadership Program

Fishermen's Bend Gymnastic Club 'Leadership Program' is a sport and community based volunteer program designed to develop junior gymnastic coaches within the club. The program aims to provide the opportunity for participants to develop skills in coaching, planning, and communication, to have lots of fun, and develop networks within the sporting industry.

Participants are involved in coaching in our gymnastic program on a weekly basis. In addition, the participants are required to attend coaching workshops throughout the year and complete a trainee coach workbook. Leaders work under the direction of the supervising coach and are expected to take an active role in the club and their training.

The Leadership Program is a three stage progressive training program aimed to teach participants the skills required to be a successful coach. Progression through the program depends on the participants' development, their age and the availability of positions within the club.

Leaders need to be reliable, be able to work well in a team and have a fun and friendly attitude. They should show commitment to both their own development and that of their gymnasts. Leaders should also have experience in gymnastics and have an interest in working with children.

To apply applicants need to return the attached enrolment form and provide a short description explaining why they would like to participate in the leadership program, what type of experience they have to offer and what they would like to learn from the program. Preference for positions is given to current or past members of the club and residents of Port Phillip. Excess applicants will be placed on waiting lists.

Fishermen's Bend Gymnastic Club

Leadership Program

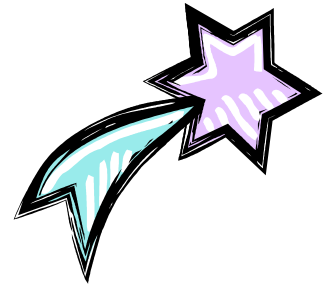
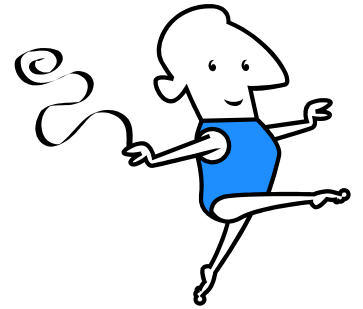


Bronze Level – Stage 1

- Participants must be turning 14 prior to the end of the year to be a member of the program.
- Gym Leader – Working 1 hour per week in the club's Launch Pad program
- Complete 'Bronze Level' –Coach Leadership Workbook
- Attend Club Workshops
- Recommended 20-30 hours of supervised coaching

Club provides:

- *Gym Leader Uniform*
- *Workbooks and Folders*
- *Coaching Workshops*
- *Gymnastic Australia Registration*
- *Certificate of completion of 'Bronze level'*
- *Staff Rec/Social Activity*
- *A Fun and friendly working environment!*



Silver Level – Stage 2

- Successful completion of the Bronze Level requirements
- Gym Leader – Working in the club's Launch Pad program
- Complete 'Silver Level' –Coach Leadership Workbook
- Attend Club Workshops
- Recommended 20-30 hours of supervised coaching

Club provides:

- *Workbooks and Folders*
- *Coaching Workshops*
- *Gymnastic Australia Registration*
- *Certificate of completion of 'Silver Level'*
- *Staff Rec/Social Activity*
- *A Fun and friendly working environment!*

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Gold Level - Stage 3

- Successful completion of the Silver Level requirements
- Participants undertake the Gymnastic Australia Beginner Coaches' course and start to complete the requirements for becoming an accredited coach within the club.
- Attend Club Workshops and Coaching Meetings
- Minimum 40 hours of supervised coaching

Club provides:

- *The club will pay for the Online beginner coaching course with Gymnastic Australia..*
- *Workbooks and Folders*
- *Coaching Workshops*
- *Certificate of completion of 'Gold Level'*
- *Staff Rec/Social activity*
- *A Fun and friendly working environment!*



Completion of the Leadership Program

The participant is an accredited Beginner Gymnastic Coach with Gymnastics Australia and is qualified to work as a junior coach at the club.

Club provides:

- *Coaches Uniform*
- *Staff Rec/Social activity*
- *Staff benefits (refer to our staff benefits policy)*
- *Ongoing training and mentoring opportunities throughout the participants coaching career!*
- *A fun and friendly working environment!*

Important Note: Progression through the program depends on the participants' development, their age and the availability of positions within the club.